

Updates to Carelon Medical Benefits Management, Inc. Clinical Appropriateness Guidelines

Effective for dates of service on and after October 20, 2024 the following updates will apply to the Carelon Medical Benefits Management, Inc. Clinical Appropriateness Guidelines. As part of the Carelon guideline annual review process, these updates are focused on advancing efforts to drive clinically appropriate, safe, and affordable health care services.

Genetic Testing

Chromosomal Microarray Analysis

Clarified recommendations for Genetic Counseling

Clarified requirements for postnatal evaluation of individuals with:

Congenital or early onset epilepsy (before age 3 years) without suspected environmental causes

Autism spectrum disorder, developmental delay, or intellectual disability with no identifiable cause (idiopathic)

Clarified prenatal evaluation of a fetus with a structural fetal anomaly noted on ultrasound

Pharmacogenomic Testing

Added APOE testing

Polygenic Risk Scores renamed Predictive and Prognostic Polygenic Testing

Broadened guideline scope to include polygenic expression prognostic testing and multivariable prognostic genetic testing (essentially clarifications), and moved these tests to exclusions as they are considered not medically necessary

Retitled guideline to Predictive and Prognostic Polygenic Testing to address this change in scope.

Somatic Testing of Solid Tumors

Breast Cancer

Clarified gene expression profiling is to guide adjuvant therapy for localized Breast Cancer

Whole Exome and Whole Genome Sequencing

Expanded WES criteria to include congenital or early onset epilepsy (before age 3) without suspected environmental etiology and added other clarifications.

Clarified well-delineated genetic syndrome in criterion for multiple anomalies

Clarified Genetic Counseling details for WES

For questions related to guidelines, please contact Carelon via email at MedicalBenefitsManagement.guidelines@Carelon.com. Additionally, you may access and download a copy of the current and upcoming guidelines [here](#).